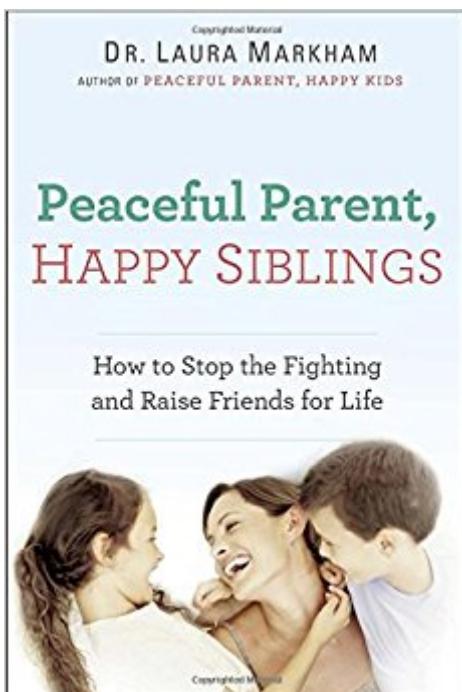


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# Peaceful Parent, Happy Siblings: How To Stop The Fighting And Raise Friends For Life



## Synopsis

Popular parenting expert Dr. Laura Markham, author of **PEACEFUL PARENTS, HAPPY SIBLINGS**, has garnered a large and loyal readership around the world, thanks to her simple, insightful approach that values the emotional bond between parent and child. As any parent of more than one child knows, though, it's challenging for even the most engaged parent to maintain harmony and a strong connection when competition, tempers, and irritation run high. In this highly anticipated guide, Dr. Markham presents simple yet powerful ways to cut through the squabbling and foster a loving, supportive bond between siblings, while giving each child the vital connection that he or she needs. **PEACEFUL PARENT, HAPPY SIBLINGS** includes hands-on, research-based advice on: Creating deep connections with each one of your children, so that each truly believes that you couldn't possibly love anyone else more. Fostering a loving family culture that encourages laughter and minimizes fighting. Teaching your children healthy emotional self-management and conflict resolution skills so that they can work things out with each other, get their own needs met and respect the needs of others. Helping your kids forge a close lifelong sibling bond as well as the relationship skills they will need for a life of healthy friendships, work relationships, and eventually their own family bonds.

## Book Information

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## Customer Reviews

It is a GREAT book for family with children 5-6 and under as well as for those who are about to introduce a new baby into the family with a toddler. I wish the promo about this book would have stated that. I have children 6 and 8 years old and majority of the advice is not age appropriate for

us. While I would have benefitted from this book some years ago when our kids were younger, I wish I knew what age group it is written about. I feel a bit disappointed that I paid for something I will not be using.

I have Dr. Laura's other book and receive her email tips too. I pre-ordered this book on but once it arrived I noticed it is more for families with younger kids and introducing a baby into the family. On page xvii of the introduction, the author states she recommends "Siblings Without Rivalry" as the first book to parents of school-age children who aren't getting along. Our children are almost 8 and 10. I may pass this book onto my cousin who has younger kids. This would have been great a few years ago but we didn't have the rivalry until later. The author talks about more rivalry between kids that are closer in age and other scientific findings which help parents. It will be perfect for a family with younger kids or even great to read before the next baby arrives! I never considered rivalry and have been very surprised by it. It can drive you crazy in the moment and then you worry that as they grow up they will grow further apart.

My new favorite book! This book complements Becky Bailey's book Easy to Love, Difficult to Discipline and Daniel Siegel's No Drama Discipline, despite Dr. Markham preferring the phrase "loving guidance" over the word "discipline." Research-based advice on why punishment does not teach self-regulation skills in the long-term and how to manage sibling rivalry. Fast read too!!!

I was waiting for this book to come out and was not disappointed! As the mother of two, ages 2 and 6, I found it very helpful. I have already seen a difference with my kids after using some of her suggestions for a week. It is geared more towards parents of younger children, unlike Siblings Without Rivalry which seemed more geared towards older siblings. That said, I think there are things in the book for parents with children of any age. There are helpful scripts and I found that the book was laid out very clearly. Will recommend it to any friends expecting new siblings or looking to build strong bonds between their children.

Where has this been all my life? With 2 kids ages 7 and 5 1/2, I spend most of my waking life negotiating conflict. This book outlines methods that are clearly described and rational. Loved the preceding book "Peaceful Parent, Happy Kids" which is a must read

Of all the parenting books I have purchased (and there have been a lot), this is the best. She goes

into specific circumstances where a vague book might leave you wondering how to handle a situation. This covers everything. And if you need something more in depth on a particular subject area she offers a recommendation on what to read. This is so helpful. I'm a first time mom and I think everyone should have this as a baby shower gift, because there is nothing you can give a mom that would help her more than this. I am planning to have another child but even if I don't I still think this is a great buy!! Great for preventative parenting. Avoid some of those fights with certain methods or help your child become more loving and nicer to those around him. It covers everything!

If you have younger children that are always fighting..this is a book for you. Peaceful Parent, Happy Siblings was written for those parents with younger children that are struggling to get along with each other and especially for those families with a new little one on the way.Dr. Markham presents simple yet powerful ways to cut through the squabbling and foster a loving, supportive bond between siblings, while giving each child the vital connection that he or she needs.Inside this book you will find awesome advice on how to:Create deep connections with each one of your children, so that each truly believes that you couldn't possibly love anyone else more.Foster a loving family culture that encourages laughter and minimizes fighting.Teach your children healthy emotional self-management and conflict resolution skillsâ "so that they can work things out with each other, get their own needs met and respect the needs of others.Help your kids forge a close lifelong sibling bondâ "as well as the relationship skills they will need for a life of healthy friendships, work relationships, and eventually their own family bonds.The advice is given in a straight forward, no nonsense way that is easy to understand and to apply...immediately!Being the mom of seven children, I can tell you that at any given time one or more of the children are struggling with something; either with each other or within themselves.I would recommend this book for parents on younger children. This book doesn't address sibling fighting over the age of about 5 or 6 years.Promotional or discounted product provided for review.

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Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating)  
MINDFULNESS: The Bullshit Free Guide To Living a Ridiculously Happy Life - How To Be Present, Peaceful & Content (Transcendental Meditation, Yoga Poses, ... Stress Reduction, How to be Happy) The Peaceful Daughter's Guide to Separating from A Difficult Mother: Freeing Yourself

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